



Cache County First Responder Mental Health Benefit

Cache County wants to thank you for your dedication to our community. We understand that you make personal sacrifices so that you may serve our citizens. We know that the work you do is hard on you and your families. We have partnered with Blomquist Hale to provide you and your family access to **FREE** mental health resources!

Call for **confidential and professional** help at any time! **Free** of charge for you and your dependents. 800-926-9619

Free Workshops available at
<https://blomquisthale.com/Work-Shops.html>

